



C H U R C H O F G O D

Be Mindful

Philippians 2:5

*Let this mind be in you which was also in
Christ Jesus...*

2021 Prayer Journal

21 Days of Prayer & Fasting

January 10th - January 31st

Be Mindful

Scripture Theme - Philippians 2:1-11

Is there any encouragement from belonging to Christ? Any comfort from his love? Any fellowship together in the Spirit? Are your hearts tender and compassionate? Then make me truly happy by agreeing wholeheartedly with each other, loving one another, and working together with one mind and purpose. Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. Don't look out only for your own interests, but take an interest in others, too.

You must have the same attitude (mind) that Christ Jesus had. Though he was God, he did not think of equality with God as something to cling to. Instead, he gave up his divine privileges; he took the humble position of a slave and was born as a human being. When he appeared in human form, he humbled himself in obedience to God and died a criminal's death on a cross. Therefore, God elevated him to the place of highest honor and gave him the name above all other names, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue declare that Jesus Christ is Lord, to the glory of God the Father.

Scripture memorization - Read these words daily and work on memorization. Prizes will be given to students and kids.

The psalmist reminds us in Psalm 119:11 I have hidden Your Word in my heart that I might not sin against you.

Goals for 21 Days of Prayer & Fasting

1. To pause, prioritize and pray.
2. To put on the mind of Christ, so that our thinking is being led by the Spirit and not by the flesh.
3. To allowing our thinking to be an action, becoming doers of the Word and not hearers only.

Consider these when praying

- 1. Prioritize Prayer** - Attend prayer services during the fast or at least designate a time to pray daily.
- 2. Pray the Scripture** - Write down verses and say them out loud.
- 3. Combine music with prayer** - Music helps block out the noise of daily life.
- 4. Kneel and walk around** - The posture of your heart is most important.
- 5. Pray for specific needs** - The more specific we pray, the more specific God answers.
- 6. Pray in the Spirit** - Your prayer language is understood by God and not the enemy.
- 7. Journal** - Write down what God is whispering to your Spirit.

I will pray during these 21 Days....

I will fast during these 21 Days...

I am believing God during these 21 Days for...

Sunday, January 10th (Sunday Worship)

Monday, January 11th (on campus)

Tuesday, January 12th (FB Live - online only)

2 Corinthians 2:5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

Wednesday, January 13th (on campus)

Thursday, January 14th - (FB Live - online only)

Friday, January 15th (on campus)

Proverbs 3:5 Trust in the Lord with all your heart and lean not on your own understanding.

Saturday, January 16th (FB Live - online only)

Sunday, January 17th (Sunday Worship)

Monday, January 18th (on campus)

Colossians 3:2 Set your minds on things above, not on earthly things.

Tuesday, January 19th (FB Live - online only)

Wednesday, January 20th (on campus)

Thursday, January 21st (FB Live - online only)

Romans 12:2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind.

Friday, January 22nd (on campus)

Saturday, January 23rd (FB Live - online only)

Sunday, January 24th (Sunday Worship)

Philippians 4:8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Monday, January 25th (on campus)

Tuesday, January 26th (FB Live - online only)

Wednesday, January 27th (on campus)

Proverbs 23:7 As someone thinks within himself, so he is.

Thursday, January 28th (FB Live - online only)

Friday, January 29th (on campus)

Saturday, January 30th (FB Live - online only)

Proverbs 4:23 Carefully guard your thoughts because they are the source of true life.

Prayer Request

Answered Prayers

Prayer Schedule

Monday	6pm - 7pm
Tuesday	6pm (online only)
Wednesday	6pm - 7pm
Thursday	6pm (online only)
Friday	6pm - 7pm
Saturday	6pm (online only)

Prayer Suggestions

Ten minutes	Devotion
Thirty minutes	Quiet reflection
Twenty minutes	Prayer/Intercession

In order for us to put on the mind of Christ, more listening and less talking is suggested. There's something He wants to say to us. Let's let Him talk first.